

Mission Statement of Pain Management Center of Excellence

Adventist Hinsdale Hospital is proud to announce the foundation and mission of Pain Management Center of Excellence being driven by the medical director Dr. Ahmed Elborno

The Pain Center of Excellence is more than a successful pain management clinic. A center of excellence integrates a very challenging medical discipline, a unique patient care philosophy, and a personal commitment to excellence. A center of excellence has characteristics and processes that set it a part from a typical pain management practice, and is based on the following principles:

- Increase the visibility of pain management as a discipline within the healthcare industry
- Educate and inform the general public about the problems and solutions of chronic pain
- Provide the highest quality, state-of-the-art medical care to chronic pain patients
- Deliver medical treatment in an empathetic, caring and humane manner
- Organize the center's systems for patient convenience
- Arrange the center's facility for the patient's ease of use and privacy
- Create a team of health care professionals dedicated to chronic pain management
- Promote innovative approaches of services and products to assist patient recovery in multiple aspects of their lives

Adventist Hinsdale Hospital's Pain Center of Excellence is regionally recognized as the premier treatment facility for chronic pain management. With continued achievement of high quality standards, it is evolving as a model and reference point for developing pain management practices.

A center of excellence would be the lifeline to patients desperate for understanding, encouragement and personal success. In addition, we are striving for Adventist Hinsdale Hospital's pain management center to meet the exceedingly vast needs of chronic pain sufferers in one location- resulting in a pain management center offering a seamless continuum of treatment for the patient. With this exciting growth and expansion of services, we as the Adventist Hinsdale Hospital's Pain Center of Excellence, welcome input from our patients.

Pain is considered the fifth vital sign along with blood pressure, pulse, temperature and respiration, according to The Joint Commission on the Accreditation of Healthcare Organizations (JCAHO). Physicians are meant to evaluate and control pain



From left to right Brenda Nolan, Hyeon Choi, Jane Rokusek, Lois Flood, Dr. Ahmed Elborno, the medical director of Adventist Hinsdale Hospital Pain management center of excellence, Rose Zifra and Steve Shannon.

Wonderful updates of the physical structure, which aesthetically enhanced the Center were completed in September 2007.

Dr. Ahmed Elborno is the Medical Director of the Adventist Hinsdale Hospital's Pain Center of Excellence who has been providing numerous therapeutic interventions for acute and chronic pain conditions. In the expanded role as

Medical Director, **Dr. Elborno** has been assisting the hospital in fostering a spirit of cooperation among the physicians practicing within the program. Working in conjunction with management, he has been providing direction regarding the growth, development of the Pain Center of Excellence.

Ahmed Elborno M.D. is an interventional pain practitioner specializing in all minimally invasive spinal procedures, such as spinal cord stimulation, discography, Plasma disc decompression, laser discectomy, neurolytic blocks, and all injection techniques.

His areas of clinical expertise include and are not limited to, treatment of neck and back pain with sciatic and pinched nerves (cervical and lumbar radiculopathies), failed back syndrome (post laminectomy pain syndrome), intractable headaches facial pain syndromes, complex regional pain syndrome, peripheral neuropathies, spasticity and compression fractures related to osteoporosis. He is a highly qualified specialist for various pain conditions. He provides the latest techniques and modalities available in the field of interventional pain management, using state of the art minimally invasive techniques, which utilize percutaneous treatment including effective needle and probe techniques which minimize patient discomfort while avoiding many surgical and anesthetic risks and expenses.

His areas of technical expertise include and not limited to spinal cord stimulator, peripheral nerve stimulator, Epidural injections, facet blocks, cervical and lumbar discography, plasma disc decompression, intrathecal pumps, vertebroplasty, facet blocks, nerve blocks, and joint injections.

Dr. Elborno practiced general surgery for 10 years before he obtained a second general surgery and anesthesiology residency at Chicago Loyola University Medical Center in Maywood, Illinois. He went on to obtain a fellowship in pain management at Rush Presbyterian-St. Luke's Medical Center.



From left to right Jane Rokusek, Rose Zifra, Dr. Ahmed Elborno, the medical director of the Pain center of Excellence, Maureen Dalen and Myra Ortiz.

Before joining Adventist Hinsdale Hospital, he was the Medical Director of Advanced Ambulatory Surgery Center in Chicago and the Department Chairman of Anesthesia and Peri-operative Pain at Rush Oak Park Hospital. He was also an Associate Professor of Anesthesiology at Rush Presbyterian-St. Luke's Medical Center in Chicago, and the Medical Director of Pain Management Center at University Pain Center in Hoffman Estates.

Currently, Dr. Elborno is the Director of Advanced Chicago Pain and Spine Physician Center/ Midwest Academy of Pain and Spine Inc. in Chicago.

Dr. Elborno is the recipient of numerous awards and tributes such as, America's Top Physicians- Consumer Research Council of America Category of Anesthesia and Pain Management, Physician of the Year award at Presbyterian St. Luke's Medical University, Strathmore's Who's Who, and the National Leadership and Businessman of the Year Awards, 2003.

Licensed in the state of Illinois and the Commonwealth of Pennsylvania, he holds board certifications from the American Board of Anesthesiology, subspecialty in pain management, American Board of Pain

Medicine, American Board of Pain Management, Competence and Narcotic Certification, American Board of Interventional Pain Physicians (ABIPP), and the Fellow of International Pain Physicians (FIPP).

Dr. Elborno's professional affiliations are many, including but not limited to: American Academy of Minimally Invasive Spine Specialists, World Institute of Pain (WIP), Royal College of Physicians and Surgeons of the United States, board member of the American Society of Interventional Pain Physicians (ASIPP) Critical Care Society of Anesthesia, Society of Cardiovascular Anesthesiologist, Society of Pediatric Anesthesia, International Anesthesia Research Society, and the Society of Ambulatory Anesthesia.



Dr. Ahmed Elborno is the Medical Director of the Adventist Hinsdale Hospital's Pain Center of Excellence who has been providing numerous therapeutic interventions for acute and chronic pain conditions. He is using an X-ray machine to help him visualizing the spine and adjacent structures while performing minimally invasive same day procedures for treatment of back pain and pinched nerve pain. "we help our patients to avoid traditional back surgeries and long hospital stay" Seen in the picture part of the wonderful updates of the physical structure of the pain management center of excellence of Adventist Hinsdale Hospital.

He holds particular pharmacological and clinical experience that allowed him to be a national and international speaker and instructor for many medical device companies and pharmaceutical companies. He teaches minimally invasive procedures to other practitioners nationally and internationally. He has been also a speaker and instructor for spinal cord stimulation and percutaneous disc decompression.

He is national and international speaker in a variety of pain conditions including and not limited to back pain and pinched nerve pain due to herniated disc or failed back surgery, fibromyalgia, post herpetic neuralgia and diabetic peripheral neuropathic pain.