

MEDICAL NEWS

YOU HURT! You Have the Right to Find a Better Quality of Life

As a headache and pain management specialist, I have the privilege of working with people from all different ranges of the human spectrum; it would seem as though the only thing that binds them is aches, pain and headaches, but in reality, there is an entire story of human experience that relates them. From the first feeling of something "just not being right" to the persistently debilitating pains, they've all dealt with apprehensions of seeking treatment and relayed to me the questions that plagued them, "Should I go to the doctor about this? Can a doctor even do something?" and of course the dreaded, "Will I have to deal with this for the rest of my life?" In the face of potentially losing control of their lives to pain and amidst the discomforts and the disappointments, they found an inspiring and unflinching will to move on and with the help of modern medicine, they found relief and regained control.



Terri Landey Bluver & Her Boys

Their intentions in sharing these stories were to encourage others who may be in the same shoes they once stood in to seek relief. We're more alike than we are different and the patients who bravely and graciously shared their stories believed their voices may help inspire others. The point is not about the way that they found relief. The point is that no matter where it hurts or how badly, there is always a way to a better quality of life and you have the right to find it, as our patients did.

Terri Landey Bluver wrote in July 2008:

"Dear. Dr. Suwan,
I just wanted to send a note to tell you how happy I am with you and Dr. Elborn. I can not believe that my back pain is finally starting to go away after all these years!! I wish I had the disc decompressions sooner. I am feeling so much better now. Because I am an HR Consultant and I am driving around in my car all day from client to client, it is very easy to see how my back gets so soar that I can't walk, due to my bulging discs. However, now that I have had the Disc Decompression procedure, I am feeling so great that I can just pop out of bed! That is something to talk about seeing that before I used to have to roll myself over to get out of bed. I also want to let you know that I always refer your clinic to anyone I know who gets headaches or has back pain! Thank you again for all you do and all the extra attention that you always give me and making me feel like a part of your family. To me that says a lot about a person."

Kelly Gilbert wrote in August 2008

"I've had migraines for about 12 to 14 years, and usually would get them a couple of times a week. For me, a good day was one where I didn't throw up. Usually had to leave work once or twice every couple of months, and I was often sick on my days off, which meant I got no relief from work when I wasn't there."

"I went in to see Dr. Suwan,. The results since then have been almost too good to believe."

"It's almost like something that's too good to be true. I don't have the vomiting any more, and the number of headaches I do get has decreased."

"My quality of life has improved immensely as well as my outlook. My son can play with his mother now, and I can do things like other people who don't have headaches. I can workout at the gym and not have to cancel appointments for my clients."

"I already gave Dr. Suwan's card to someone just the other day. I am so grateful and hope this relief continues."

Alexa Elsesser wrote in April 2008

"During Sophomore year of high school, I found Dr. Suwan, who has improved the quality of my life by 75-100 percent." My other doctor had basically reached a standstill with my headaches, but Dr. Suwan kept trying various

modalities in search of a solution

Kathy Elsesser wrote in April 2008

"My daughter and I are enjoying the chance of living a more normal life. My daughter has multiple health issues, so for her, there are other things besides the headaches, but we both have improved the quality of our lives since we started seeing Dr. Suwan. One of the things I like about her is that she is professional- she keeps looking for new things, and I know if there is a better treatment out there, she'll find it."

"When you talk to Dr. Suwan, you get the sense that she cares and understands because she has been

through this herself. I believe all the doctors I have worked with over the past 30 years have tried to do their best, but right now, Dr. Suwan is right for my daughter and I and seems to have the answers we need. What she's done has made a huge difference.

Dr Suwan is Loyola trained board certified Neurologist, Board certified in Pain Medicine and Electrodiagnostic medicine with extra certification in Headache Medicine. Dr Suwan Specializes in headache and pain management and operating a specialty Headache and Pain Clinic. The office is located in the Wyndham Hotel at Lisle beside the gift shop.

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Nesreen Suwan, M.D

Loyola Trained Neurologist,

American Board Certified in Neurology, and Electrodiagnostic Medicine

American Board Certified in Pain Medicine, with Extra Certification in Headache Medicine

Advanced headache clinic is located in the Wyndham Hotel at Lisle
3030 Warrenville RD, Suite 100, Next door to the gift Shop

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